



HALTON LODGE PRIMARY SCHOOL

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NEWSLETTER 30

24th June 2022

Summer Hamper Raffle



Thank you for all of the donations that you sent in at the beginning of the week (on Monday) – which has allowed us to create FIVE fantastic hampers to use as the prizes for our Summer Hamper Raffle.

Just as we did at Christmas (and again at Easter) we will be sending home envelopes with a small number of raffle tickets inside – and would welcome your help and support to sell as many of these as possible.

The tickets have been priced at 20p each (so £1 for a strip). If you do sell a whole strip of tickets, please ask the person who has bought them to write their name on each individual raffle ticket – so we can contact them if they win!

We will make the draw – and announce the winners – on Friday 8th July.

FREE School PE T-Shirts (and Polo Shirts)



For those of you who have a child who will still be at our school in September, you should have received a letter this week advising you on how to order a PE T-Shirt and a School Polo Shirt (which will both be purchased on your behalf by the school).

The first set of orders should be processed today. Therefore, if you have not yet placed your order, please do this as soon as possible (and certainly before the end of next week – Friday 1st July)!

Any additional school uniform items can be ordered from the following website:

<https://www.officebridgeprint.com/school-uniform/halton-lodge>

Behaviour & Parent Support

We have had a growing number of parents and carers approaching us asking for our help with managing their children's behaviour at home.

In response to these requests, we have put together the following suggested programme of support:

(1) Halton Behaviour Support Service 1 Hour Bitesize Session on Tuesday 28th June (from 9:15am to 10:15am) for parents and carers of children who are in Reception, Year1 or Year2. You are most welcome to arrive from 9:00am – and tea, coffee and biscuits will be on offer.



This course, entitled **Building Blocks for Families** will be run by Phil McSpirit and take place at our school. Places are limited to just 12 participants – so places will be allocated on

a first come, first served basis. (Should we get more than 12 requests, we will look to put on a second session as soon

as possible). **Please send us a message on Studybugs to reserve a place.**

"In our ever changing busy lives, the importance of consistent family routines has become even more important. A good bedtime and evening routine will lead to a much better, calmer morning routine. We will also discuss Family Rules, Rewards and Discipline and Positive Parent Modelling."

(2) Halton now has a Parenting Coordinator and Reducing Parental Conflict Ambassador called Sam Edwards. She can be contacted on 0151 511 5206 and anybody can register for any of the following programmes by clicking on this link and filling in the key information: <https://halton.me/parenting-programme-referral/>

All three courses are currently held at Halton Lodge Children's centre – so, if you book early, you will not need to travel far. Please be aware that these courses do get booked up very quickly!

Incredible Years Baby Programme (for those with children under the age of 12 months):



Incredible Years Baby Programme
Babies don't come with instructions although we often wish that they did! The Incredible Years Baby programme is aimed at parents and carers of babies from 0-12 months.

Each session will run for 2 hours and babies are part of the group, so there will be plenty of opportunities to have fun with your baby as you learn together.

To get the very best out of the sessions, it's important to attend every week and at the end, you and your baby will receive a certificate to celebrate your achievement!

What does it cover?

- Baby Brain Development
- Play and Communication
- Health and Development
- Feeding tips – from Milk to solids.
- Keeping Baby Safe
- Sleep and routine

What are the benefits?

- This course is free!
- Increase your confidence.
- Great opportunity to meet other parents /carers and babies.
- A chance to gain advice, support, practical ideas and have fun!
- Quality time with your Incredible Baby

Groups are held regularly throughout the year
Crèche places are available if needed

For more information or to request a place on this programme, please contact our Parenting Coordinator on 0151 511 5206 or email parenting@halton.gov.uk

Professionals can make a referral by scanning this QR code:



Confidentiality

As a rule, the information you provide will only be shared with your families consent. However there may be certain times when the people working with you need to share information without asking you first.

For example:

- When they need to find out urgently if a child is at risk of harm
- To help a child who is at risk of harm
- When an adult is at risk of harm
- To help prevent or detect a serious crime

Who can attend this programme?

- You can attend the Incredible Years Baby programme if:
- You are the parent or carer of a baby aged 0-12 months
 - You live in Halton
 - You can commit to all of the sessions



Nurture Parenting Programme: If you can commit to the 10 weeks, the next sessions are planned to start at the beginning of September. This programme is excellent!

Nurture Parenting Programme



Nurture Parenting Programme
Children are rewarding, stimulating and fun, but looking after them can be stressful and challenging.

The Nurture Programme helps deal with those challenges so that you can have a happier, calmer life.

A tried and tested, evidence based programme, it helps us think about what we do, why we do it and how it makes us feel.

What does it cover?
The programme is 10 weeks long and you will look at lots of different topics, including:

- Understanding why children behave as they do
- Recognising the feelings behind behaviour (ours and theirs)
- Exploring different approaches to discipline
- Learning the importance of emotional health.

We also offer the Talking Teens Parent Group which is a 4 week programme aimed at parents and carers of teenagers. During these sessions you will look at:

- Parenting a teen and responding to difficult feelings
- Understanding teenage development, parenting styles, praise and criticism
- Communicating with your teen and handling difficult issues
- Rules and boundaries, managing conflict and problem solving

What are the benefits?

- This course is free
- Increase your confidence
- Great opportunity to meet other parents/carers
- A chance to gain advice, support and practical ideas

Groups are held regularly throughout the year
Crèche places are available if needed

For more information or to request a place on this programme, please contact our Parenting Coordinator on 0151 511 5206 or email parenting@halton.gov.uk

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Who can attend this programme?

- You can attend the Nurture Parenting Programme if:
- You are the parent or carer of a child/young person
 - You live in Halton
 - You can commit to all of the sessions

Triple P - Positive Parenting Programme:

Triple P Parenting Programme



Triple P Parenting Programme
Triple P is a parenting programme designed to support you in encouraging your child's development and potential or you may have concerns around your child's behaviour.

During the group you will learn about the causes of child behaviour problems, how to encourage behaviour you like and how to set rules and routines that everyone follows and respects.

What does it cover?

The programme is 8 weeks long and looks at lots of different topics including:

- Positive parenting, why children behave the way they do and how to set goals for change
- Developing good relationships with children, how to encourage good behaviour and four strategies to teach children new skills and behaviours
- Managing misbehaviours, developing routines and promoting compliance
- Family survival tips, how to plan ahead to encourage good behaviour in "high risk" situations like shopping, fighting with siblings, getting ready for school etc.

We offer the Teen Triple P parent group which is aimed at parents and caregivers of teenagers. During this group you will look at:

- Positive parenting, factors that influence teenagers behaviour, how to set goals for change
- Encouraging appropriate behaviour, developing positive relationships, behaviour contracts and family meetings
- Managing problem behaviour, non-cooperation, acknowledging emotions, promoting emotional self-regulation
- Dealing with risky behaviour

Groups are held regularly throughout the year
Crèche places are available if needed

For more information or to request a place on this programme, please contact our Parenting Coordinator on 0151 511 5206 or email parenting@halton.gov.uk

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We also offer the Triple P Stepping Stones parent group which has been designed for parents/carers of children with a developmental disability who are displaying mild to moderate level challenging behaviours. The Stepping Stones programme involves 6 group sessions and 3 individual telephone consultations.



What are the benefits?

- This course is free
- Increase your confidence
- Great opportunity to meet other parents/carers
- A chance to gain advice, support and practical ideas

Who can attend this programme?

- You can attend the Triple P parenting programme if:
- You are the parent or carer of a child/young person
 - You live in Halton
 - You can commit to all of the sessions

Staffing for September

As we approach the end of the school year, we are aware that many parents are eager to learn who their child's class teacher will be next year.

First of all, we are very sad to announce that Miss Eustace will be leaving our school at the end of this term – to pursue a career supporting children with special educational needs. You may be aware that while Mrs Ellis has been recovering from her hip replacement surgery this year, Miss Eustace has teamed up with Miss Stephens to take on the role of Acting SENCO at our school. This insight has led her to realise that she can have a huge impact working with and supporting children with special educational needs and disabilities; and there is no better time than the present to take on a new challenge. We wish her well and feel confident that she will do an excellent job!

Our teaching team for 2022/23 will be:

Reception Mrs Dixon-Gibbon, Mrs Bickerton and Mrs Lomax*

Mrs Burge will be the class teacher on a Wednesday (whilst Mrs Dixon-Gibbon carries out her Deputy Headteacher responsibilities).

Year 1 Mrs Roberts-Cann*

Year 2 Mrs Birchall

Our KS1 Phase Leader will be Mrs Moss and our KS1 Teaching Assistant will be Miss Hunt – who will be available to support the children in both classes.

The Fawns Mrs Farrar, Miss Little and Mrs McGinty

Year 3 Miss Murphy

Year 4 Miss Stephens (Mon to Thurs) and Mrs Meadows (Fri)

Our LKS2 Phase Leader will be Mrs Harvey (Mon to Wed) and Mrs Burge (Th & Fri). Our LKS2 Teaching Assistant will be Mrs Urmson. All three will be available to support the children in both classes.

Year 5 Miss Whiting

Year 6 Miss Dewell

Our UKS2 Phase Leader will be Mrs Williams and our UKS2 Teaching Assistant will be Mrs Doolan – who will be available to support the children in both classes.

Mrs Ellis will also be returning to work in September – as our Assistant Headteacher (SENCO & Designated Safeguarding Lead).

We will also have Miss Clemson-Banks and Miss Bellamy working as 1:1 Learning Support Assistants in KS2.

Furthermore, due to the extra funding that the school receives through the Pupil Premium and Recovery Premium, we are also fortunate to have:

Mrs Anderson (as a Specialist Reading Teacher)

Mrs McCartney (as an Academic Mentor)

Miss Knight (as a HLTA – covering PPA and Subject Leadership Time Cover)

*You may notice that two of our current staff members – Miss Ingram and Miss Roberts – will be known by their 'new' married names next year.

The children will get to meet their new class teachers when they have their 'Move Up Days' on Monday 4th and Tuesday 5th July – whilst our Year 6 pupils enjoy two days at their new high schools (ahead of starting their in September).

Sports Day – Next Week
on Thursday 30th June

Don't forget that you are welcome to come along on Thursday (30th June) to watch our school Sports Day. Provided we don't get any heavy or torrential rain, the children in Key Stage 2 will be up on the field competing against each other from 9:15am to 11:45am. The younger children will be outside from 1:00pm to 2:30pm.



If the children could please come to school in their PE Kits on Thursday – if possible, wearing the colour of the house that they are – it would be very much appreciated!

Please come along and support your child if you can!

Baby Clothes Exchange



This week we were informed about a FREE BABY CLOTHES EXCHANGE that takes place at the Lapwing centre, Bethesda Church, on Lapwing Grove, Runcorn, WA7 2TP – every Tuesday morning from 10:00am to 12:00pm.

The 'exchange' has car seats and prams – all in very good condition – as well as clothes that can either be exchanged, purchased for a small donation or handed over for free (to any families who would benefit from this).

The people who run this facility state:

“Kids outgrow their clothes so fast which can put added pressure on the family budget. We are here to help at those times. Recycle and replace your kid's outgrown clothing as well as doing your part to help the environment.

In landfill decomposing clothes release methane, a harmful greenhouse gas. Synthetic fabrics can take hundreds of years to biodegrade. Let's reduce the amount of clothing that goes to landfill and help save the planet”.

If you have any outgrown clothing (0-4 years) in good condition, please considering donating it to this organisation... and exchanging them for other clothing (or items) that are more suitable for your needs.

Any clothing from 5 years+ can always be placed in the clothes recycling bank at school. This is located next to the bike shed.

We have started to receive some donations of new and used school uniform. It is our intention to have our own Uniform Exchange next year – to help reduce the cost of purchasing replacement school uniform items when your child outgrows their current uniform. If you feel this is something that you could make use of, please hand in any unwanted or outgrown school clothing items – provided they are clean and in good condition – to the school office. We already have some 5-6 and 6-7 black (George) school trousers and a pair of size 3 black leather school shoes.

Everybody Read - The Importance of Reading!

We can never stress enough how important it is for a child to read. Some of the key reasons are emphasised in this document that was released this week:



Reading together with your child matters!

Sharing books makes a big difference to your child's education.

When you read to your child you are making a positive impact on your child's reading ability and their love of reading.

Reading a book and chatting about it has a positive impact on your child's ability to:

- understand words and sentences
- use a wide range of vocabulary
- develop listening comprehension skills

Reading books your child has chosen to read for pleasure is one of the best things you can do to help them succeed at school.

A love of reading is the biggest indicator of future academic success!

Parental involvement in the development of children's reading skills:
A five-year longitudinal study (2002) Sénéchal, M. and LeFevre, J.



Does it matter how I read with my child?

- Studies show that it's the enjoyment and chat that matters!
- The more you chat together about the book and things that interest your child the more impact it has.
- You don't even have to read the words on the page, talking about the pictures is just as important.



Does it matter which language I use?

- Use your home language.
- It is better for your child to hear expert talk from you in your language.
- Many studies tell us it is the back-and-forth talk between adults and children when they are sharing books that makes the difference to children's language and comprehension.
- This impact will translate to better language and comprehension for your child in English.

Does the type of book matter?

- Let your child be the boss of the books they choose. Enjoyment really matters.
- Comics, information books, magazines, story books, picture books, poems and leaflets are all great for sharing.
- Catalogues are fun to share and talk about too.

What if they always want to read the same book?

- Repeated reading of books is really beneficial for children. It helps them memorise parts of stories, words and phrases too.
- Knowing a book or poem by heart is fun and powerful for children, they can 'read' the story with you, or join in with words of phrases.
- If you really want to mix it up offer another book alongside the much-loved favourite!

